AGENDA

1. Call to Order

2. Pledge of Allegiance

3. Approve Agenda

4. Discussion with local officials/residents

5. St. Croix State Park update by Rick Dunkley, DNR

6. Region 7E Adult Mental Health Initiatives (AMHI) - Natalie Matthewson, Region 7E AMHI planner

7. Early Childhood Services
   - Head Start program by Cindy Stolp, Director of Community Education and Early Childhood Parent Education with the Pine City Schools
   - Services provided by the Pregnancy Resource Center - Angela Haug, Executive Director of the Pregnancy Resource Center

8. Out-of-Home Placements Update – Health & Human Services Director Becky Foss

9. Potluck Lunch (break for lunch at the discretion of the Chair)

10. University Of Minnesota Extension Programs—Susanne Hinrichs
    - 4-H Youth Development Programs for at Risk Kids—Jan Derdowski & Renee Kostick
    - Agricultural Programs—Nathan Winter, U of M Extension Agriculture, Food & Natural Resources Program Leader and Caleb Anderson, Land Resources Manager

11. Other

12. Adjourn

Members:  District 1 – Steve Hallan
          District 2 – Josh Mohr
          District 3 – Steve Chaffee
          District 4 – John Mikrot, Jr.
          District 5 – Matt Ludwig
AGENDA REQUEST FORM

Date of Meeting: 5/22/2018

☐ County Board
☐ Consent Agenda
☐ Regular Agenda
☐ Personnel Committee
☑ Other C.O.W.________________________

Agenda Item: Presentation/update on Region 7E AMHI

Department: HHS

Rebecca Foss
Department Head signature

Background information on Item:

May is mental health awareness month. In honor of mental health awareness month, and to update the County Board on local mental health services, Natalie Matthewson will be available and will be providing a presentation to the County Board. Natalie Matthewson is the Region 7E AMHI (Adult Mental Health Initiative) planner, and will be providing information to the County Board regarding the work being done in the region on behalf of the Region 7E AMHI.

Action Requested:

The presentation is for informational purposes only, and is also designed to provide assurance to the County Board that there is a continuum of mental health services being provided locally to Pine County constituents.

Financial Impact:

N/A
Region 7E Adult Mental Health Initiative (AMHI)

"You Are Not Alone"

AdultMentalHealth.ORG
Mental Health vs. Mental Illness

- What is Mental Health?
- What is Mental Illness?
Mental Health Definition

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

https://www.mentalhealth.gov/basics/what-is-mental-health/
Mental Illness Definition

- A mental illness is a condition that affects a person's **thinking**, **feeling** or **mood**. Such conditions may affect someone's ability to **relate** to others and **function** each day. Each person will have **different experiences**, even people with the same diagnosis.

https://www.nami.org/Learn-More/Mental-Health-Conditions
How many people in the room are most likely affected by Mental Illness?
1 in 5 adults in America experience a mental illness each year.

SUD and MI Integration

- Approximately 10.2 million adults have co-occurring mental health and addiction disorders.
- Co-Occurring disorders can be difficult to diagnose due to the complexity of symptoms.
- Less than 14% seek treatment
- Integrated Systems
- MN DHS- Integrated Divisions

https://www.nami.org/learn-more/fact-sheet-library
https://www.nimh.nih.gov/health/topics/substance-use-and-mental-health
Resource Training & Solutions, Inc.
A Minnesota Service Cooperative

> Membership: adding value, maximizing resources

Resource is a membership cooperative agency;
- Health Insurance & Wellness Programs
- Education Programs
- Training & Development
- Cooperative Purchasing
- Health & Safety
- Health Care Cost Management Programs
  - Wellness Programs
What is the Adult Mental Health Initiative (AMHI)?

- History of AMHI
  - 1990's Closure of Regional Treatment Centers
  - 1996 legislation was passed to create and expand grant funding for regional partnerships

*MN DHS Adult Mental Health Legislative Report 2015-2016 November 2016*
More about AMHI

▶ 18 regional county initiatives plus White Earth Nation tribe who have identified as AMHI

▶ AMHI and Crisis Services

▶ 2018 combined budget for Region 7E-Just over $2 million

MN DHS Adult Mental Health Legislative Report 2015-2016 November 2016
The Region VII-E Adult Mental Health Initiative Governing Board exists to **plan and develop** with the group’s geographic jurisdiction, **a system of care** that will serve the needs of adults with **serious and persistent mental illness**.
Region 7E AMHI Governing Board
Includes Mille Lacs, Kanabec, Pine, Isanti and Chisago Counties

- County HHS, Family Services-Mental Health Supervisors
- Consumer/Family Representatives
- County MH Case Manager
- MN DHS Liaison
- County HHS Directors
- Region 7E AMHI Planner
Services Funded Through R7E AMHI

- Crisis Line - Crisis Connection
- Mobile Crisis - East Central Crisis Services (Canvas Health)
- Crisis On-Call - Partnership between various Agencies in the Region
- Housing Assistance - Landlord Risk Mitigation
- Supportive Housing Project - “Willow Grove”
- Dialectic Behavioral Therapy (DBT)
- Funding for Local Mental Health Advisory Councils (LAC)
More Services Funded through AMHI

- Supported Employment - Rise Inc.
- AdultMentalHealth.org website
- Community Based-Psychiatric Medication Management - Kanabec County Family Services
  - Tuition Assistance
- Education/Community Events
What’s new in 2018

- Mental Health Outreach Coordinator- A Place For You Homeless Shelter- Pine City
- Peer Support-Warm line- Wellness In The Woods
- Drop-In Center- Lighthouse Child and Family Services
Changes and Priorities

- New Crisis Text line- April 1, 2018- MN to 741741
- Statewide Crisis number- Pilot
- Awareness and Prevention Efforts
- MN DHS Innovations Grant
- Collaboration between Community Providers Counties, Tribes, Law Enforcement, Health Systems and Community Providers
  - Yellow Line Project-Blue Earth County
Service Gaps/Needs

- Short Term Crisis Beds - *RFI for Adult Residential Crisis Services Due, June 15th, 2018*
- Transportation
- Housing Options
- Housing Coordination
- Psychiatry - (Children priority area) - More ITV Options
Role of R7E AMHI Planner

- Liaison between Governing Board and Community
- Outreach through community meetings/events
- Outreach through assistance with oversight of the AdultMentalHealth.org website

Capacity and Growth
- Contract Development and Oversight
- Needs Assessments
- Budget Projections
- Funding Opportunities
AMHI Regions Near US....

- **Region 7W-CommUnity** - Benton, Stearns, Sherburne and Wright Counties
- **Region 3N-Lake**, Carlton, St. Louis, Cook, Itasca, Koochiching
- **Region V+- Crow Wing, Aitkin, Cass, Morrison**, Anoka County, Hennepin County
- **White Earth Nation** - Including: Mille Lacs, Fond Du Lac, Leech Lake
"Don’t tell someone to get over it; help them to get through it."

CRISIS Help Line 800-523-3333

AdultMentalHealth.ORG

https://www.healthyplace.com/insight/quotes/quotes-on-mental-health-and-mental-illness/
Contact Information:

Natalie J. Matthewson

Region 7E Adult Mental Health Initiative (AMHI) Planner
Resource Training & Solutions, Inc.
320-266-4253
Website: http://adultmentalhealth.org.
Website: http://www.resourcetraining.com/.

“We are all a little broken. But last time I checked, broken crayons still color the same.” https://www.healthyplace.com.
AGENDA REQUEST FORM

Date of Meeting: 5/22/2018

☐ County Board
☐ Consent Agenda
☐ Regular Agenda  5 mins☐ 10 mins☐ 15 mins☐ Other☐

☐ Personnel Committee
☑ Other C.O.W.

Agenda Item: Presentation on early childhood services

Department: HHS

Background information on Item:
There has been a greater focus and attention provided to early childhood services. Ensuring that families have access to early childhood services is vital to a healthy community. Two local early childhood leaders will be on hand to provide some information to the county board on the services they provide to parents and young children who reside in the community. Cindy Stolp, who works with Pine City Schools as the Director of Community Education and Early Childhood Parent Education, will be speaking about the work she does in the community. Angela Haug, Executive Director of the Pregnancy Resource Center located at the South Pine Government Center, will also be speaking about the services they provide to individuals and families in the community. Included in your packet is information about "Earn While You Learn", which is offered to individuals accessing services and information through the Pregnancy Resource Center.

Action Requested:
The presentation is for informational purposes only, and is designed to inform the public about services that are available in the community.

Financial Impact:
N/A
What can you learn?

Earn While You Learn has many great topics from which to choose. Give us a call or come in today and we can work together to make a plan that is best for you! Here are a few of the topic choices:

**Pregnancy**
- First Trimester including Prenatal Care, Eating for Two, Your Ultrasound Appointment and Your Developing Baby.
- Second Trimester including Emotions of Pregnancy, Bonding with your Baby, and Your Changing Body.
- Third Trimester including Getting Ready for Baby, Birth Coaching, and Big Belly Mommy Hacks.
- Pregnancy Special Circumstances
- Labor & Delivery
- Breast Feeding including Why Breastfeeding, Going Back to Work, Formula Feeding and Problems and solutions.
- Infant Care including Infant Expectations and Infant Hygiene.
- Infant Medical Care including Infant SIDS, and Infant Accidents and Illnesses.
- Infant Strategies including Infant Nutrition, Baby on the Move, Sleep and Crying
- Mommy Strategies including Moms with Careers and Nutrition for Moms.
- Infant Bonding
- Infant Milestones
- Toddler Milestones
- Toddler Parenting Strategies including Sleeping, Bedtimes and Mornings, Tantrums, Whining, and Potty Training.
- Parenting Your Toddler's Heart
- Toddler Medical including Toddler CPR, Toddler Safety and Toddler Accidents and Illnesses.

**Infants**
- Parenting Strategies
- Parenting the Heart of Your Child
- Parenting for Your Child
- Separated Families
- Stepparenting
- Money Management: Debt
- Money Management: Budgeting
- Home Management
- Interview and Job Skills
- Sexual Risk Avoidance

**Toddlers**
- Infants
- Toddlers
- Life Skills
- Money Management: Debt
- Money Management: Budgeting
- Home Management
- Interview and Job Skills
- Sexual Risk Avoidance

"I enjoy the knowledge I receive in the Earn While You Learn classes. I was amazed by the amount of information I was given. It all makes me feel more comfortable with what I am going through, because I know more about what to expect."

* Nichole, Expecting Mother

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**For more information about our Parenting Program contact:**

**Pregnancy Resource Center**
315 Main Street South, Ste. 20
Pine City, MN 55063

"Saving Lives, One Mom at a Time."

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Reprints and quantity discounts available at: www.EWYLOnline.org
Is “Earn While You Learn” for Me?

Pregnancy and parenting are filled with lots of uncertainty. This program helps to answer many of the questions you have and ease your anxiety.

You can “Earn While You Learn” – With each lesson that you complete you will earn credits for baby supplies and other materials.

Many people want to learn how to be good parents and raise a healthy, happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We can help you learn how to be the best parent you can be!

“Earn things your baby needs:"

As a part of our Earn While You Learn Parenting Program, we give you an opportunity to earn credits that you can use to “purchase” materials like maternity and baby clothes, blankets, diapers, formula and other much needed supplies.

We may even have items like cribs, car seats, strollers and other baby furniture available through the program. At our center we provide you with an opportunity to learn how to be the best parent you can be. Earn While You Learn will help you to understand what to expect in pregnancy and beyond.

Through regular lessons that include videos and worksheets, you’ll learn important and interesting information about your pregnancy and your baby.

There are a number of topics to choose from and our staff will put together a lesson plan that is unique to your needs.

And best of all, you will work with a parenting instructor who will be able to help you better understand the challenges and joys that lie ahead for you and your baby.

We would love to have you involved in our program and show you the supplies and materials you can earn from our center!

“I have spent quite a bit of time studying the material presented in the Earn While You Learn program. It has been great for me. Being a first time mom with a non-existent family, I have taken the lessons presented and committed them to heart and memory. I am truly grateful for the guidance they have given me. They have honestly helped me be the best mom I can be.”

Mother of One

“Learning what YOU need:"

Wouldn’t it be great to KNOW that you are being a GREAT parent? ... to know that you are doing what you need to do to raise your child right? ... and to earn the items you need for your baby while you are learning?

With Earn While You Learn you can do all of those things plus learn on many more important and useful topics. Getting started is easy. Just come into our center today and we will get you started with your very own personalized lesson plan. There is no cost, there is no commitment, there is only opportunity to learn and succeed.

“I really appreciate this program. It’s interesting and a lot of help to me and my family. I really didn’t know how I was going to make it before I took these classes!”

Mother of a 3 year-old & infant

“This program has been a blessing for me. I am expecting my fourth child and I have learned so much I never knew about. I have the ability to learn and to earn Mommy Money to be able to purchase anything from diapers and clothes to car seats. This program has helped me and everyone is so wonderful here.”

Mother expecting her fourth
AGENDA REQUEST FORM

Date of Meeting: 05/22/2018

☐ County Board
☐ Consent Agenda
☐ Regular Agenda
☐ 5 mins ☐ 10 mins ☐ 15 mins ☐ Other ☐

☐ Personnel Committee
☑ Other C.O.W.

Agenda Item: Year-to-date numbers on out of home placements

Department: HHS

Department Head signature

Background information on Item:

Attached please find information for your review. The first graph depicts the number of child protection reports received by HHS by month from January 1, 2016 through April 30, 2018. As the graph shows, the agency is seeing a reduction in the amount of child protection reports filed with HHS. The second set of graphs depicts information about out of home placements specific to HHS and MLBO and does not include placements via corrections. Placements have a significant impact on the HHS budget. As you can see, there are disparities within these numbers and this is worth continued conversation at the highest of levels with our tribal partners. Most placements that fall under the provision of the Indian Child Welfare Act (ICWA) are under tribal jurisdiction, meaning that HHS is not the lead agency in those cases and typically has little involvement other than to pay the bill and document the placement in SSIS (computer program that is used throughout the State of MN to document the work of social services).

Action Requested:

The information being presented is for informational purposes only, and can be used to facilitate further conversations with our tribal partners.

Financial Impact:

Although placements are expensive to the county, the purpose of this presentation is to draw attention to the disparities we continue to see in placements, and to ensure that continued conversation occurs with our tribal partners regarding this matter.
<table>
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<th>Year</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
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<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
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<td>153</td>
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**2015 Averages**

- Average per Month During the School Year (Sept-May): 140
- Average per Month During Summer Break (Jun-Aug): 116
- Average per Month for Calendar Year (Jan-Dec): 136

**Child Protection Intakes**
2018 HHS and MLBO Placement Data

2018 Placement Data - Snapshot on the 20th of the month

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>ICWA</th>
<th>Non-ICWA</th>
<th>ICWA cases under Tribal Jurisdiction</th>
</tr>
</thead>
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<tr>
<td>January</td>
<td>88</td>
<td>53</td>
<td>35</td>
<td>40</td>
</tr>
<tr>
<td>February</td>
<td>90</td>
<td>53</td>
<td>37</td>
<td>41</td>
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<td>March</td>
<td>85</td>
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<tr>
<td>April</td>
<td>85</td>
<td>53</td>
<td>32</td>
<td>40</td>
</tr>
</tbody>
</table>

The blue portion of all these graphs represents the number of placements under the provision of ICWA (Indian Child Welfare Act). The orange portion of the graph represents the number of placements that are non-ICWA related.
Again, the blue portion of these graphs represents the number of placements under the provision of ICWA. The orange portion of the graph represents the number of placements that are non-ICWA related.
University of Minnesota Pine County
Introduction of 4-H Youth Development Program Delivery Strategies
Video: JD Vance

“America’s Forgotten Working Class”
Delivering programs through a trauma informed lens

Partnerships with ready partners
SUCCESSFUL PROGRAM MODELS

That’s how many Minnesota youth participate in 4-H every year. There’s room for more.

#TrueLeaders
Questions
Agriculture Efforts

CALEB ANDERSON, PINE COUNTY LAND DEPT
NATHAN WINTER, U OF M EXTENSION
AGRICULTURE, FOOD & NATURAL RESOURCES
PROGRAM LEADER
2017 SURVEY OF AG PRODUCERS IN PINE COUNTY – TOPICS OF INTEREST

- Retirement & Farm Transition
- Value Added Agriculture
- Marketing of farm goods
- Pasture & Forage
- Soil Health
- Manure & Nutrient Management
2017 SURVEY OF AG PRODUCERS IN PINE COUNTY - RESULTS

- Reduced Inputs
- Animal Health
- Cow / Calf Management
- Cow / Calf Nutrition
METHOD OF PREFERRED EDUCATION DELIVERY

- Winter Workshop (2-3 hours, 1-2 speakers) 54.3%
- Summer On farm Tours/Field Days 45.7%
- One-on-One Meetings 40.0%
- Winter Workshop (4-6 hours, 3-5 speakers) 22.8%
- Online Learning Modules 22.8%
- Webinars 20.0%
- Smartphone Apps 8.6%
FARM TRANSITION WORKSHOP

Sturgeon Lake
November 2017

Co-hosted Pine & Carlton Counties

80 Participants
INTEGRATED PEST MANAGEMENT

Spring 2018
Rock Creek
Town Hall
50 participants
QUESTIONS?