

LGBT Support Group

(Lesbian, Gay, Bisexual, Transgender Support Group)



The LGBT Support Group will offer a **safe, confidential** place for LGBT Veterans to share their feelings and concerns, explore creative ways to cope with their problems, and learn from one another.

This format provides an open structure where Veterans can explore their concerns and feelings and receive feedback from their peers. Veterans will get support on a variety of issues including self worth, isolation, and relationships. Through the group, Veterans gain support from others who are going through similar life situations. Educational material will be presented/available as well.



If you are a Veteran or know a Veteran who may benefit from participation in this group, please contact the following:



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Veterans Resource Center
7001 78th Ave N Suite 300
Brooklyn Park, MN 55445



Defining
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